

Forever Young Vivasan Webshop

Forever Young is a Food supplement with evening primrose oil and natural Vitamin E.

Forever Young

Forever Young capsules contain the oil from the *Oenothera biennis*, the common evening primrose, which is rich in γ -Linolenic acid. Linolenic acids are unsaturated acids which are an essential component of the human nutrition. Additionally the Forever Young capsules contain natural vitamin E which contributes to the protection of the cells from oxidative stress.

Recommended daily dosage

Adults and children from 12 years and older take 1-2 Forever Young capsules 3 times daily unchewed with some liquid during the meals.

Ingredients

Evening primrose oil (69,7%); gelatine; humectant: glycerol; nat. vitamin E

Nutritional information	3 capsules	6 capsules	*%NRV
Energy	63.3 kj / 15 kcal	126 kj / 30 kcal	
Fat	1'500 mg	3'000 mg	
Carbohydrates	131.1 mg	262.2 mg	
Protein	339.6 mg	679.2 mg	
Vitamin E	23.6 mg α -TE	47.2 mg α -TE	196.7%/393%
Evening primrose oil	1'500 mg	3'000 mg	**
thereof γ -Linolenic acid	135 mg	270 mg	**

* NRV: nutrient reference value according to EC Regulation 1169/2011

** no NRV defined

Important information

Do not exceed the recommended daily dosage.

Store in a cool dry place protected from light.

Keep out of reach of young children.

Food supplements should not be a substitute for a varied, balanced diet, and a healthy lifestyle.

