



Dietary Supplement 120 tablets 165g

## Multivitamin A-Z Complete Vivasan Webshop

**Multi Vitamin A-Z Complete contains 24 vitamins, minerals and trace elements in one tablet. Multivitamin A-Z complete is a mix of important vitamins and minerals the human body needs.**

### Benefits Multi A-Z Complete

Everyone who doesn't eat a balanced diet can benefit from taking a multivitamin. People who skimp on servings from one or more food groups, those following eating plans that eliminate certain foods, such as a gluten-free diet, women in their childbearing years, and everyone over 50 may be at risk for vitamin and mineral deficiencies. Multivitamins can fill gaps in nutrient intake. Multivitamin A-Z Complete has a high bioavailability of 86%. Multi A-Z Complete Tablets contain 24 important vitamins and minerals that are a valuable addition to the daily diet.

The vitamin complex contains vitamin C that is good for the resistance and biotin that contributes to the maintenance of normal skin. Vitamin A and zinc are good for vision and calcium and zinc contribute to the maintenance of strong bones. The antioxidants copper and manganese also protect healthy cells in the body against oxidative damage.

### Recommended Use

Daily, 1 tablet during a meal with some water.

### Ingredients

**Vitamins:** Vitamin A, Vitamin B1, Vitamin B2, Vitamin B3 (Niacin), Vitamin B5 (Pantothenic Acid, Calcium D-Pantothenate), Vitamin B6\*, Vitamin B7 Biotin (d-biotin), Vitamin B9, Folic Acid, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Vitamin K.

**Minerals, Traces:** Chromium (chromium (III) chloride), Iron (ferrous fumarate), Phosphorus (calcium salts of orthophosphoric acid), Iodine (potassium iodide), Copper (copper gluconate), Magnesium (magnesium oxide), Manganese (manganese sulphate), Molybdenum (ammonium molybdate), Selenium (sodium selenite), Zinc (zinc oxide).

\* Vitamin K can influence the effect of anticoagulants

### Important information

Do not exceed the recommended daily dosage.

Keep out of reach of children.

Store dry at room temperature, with sealed bottle.

Dietary supplements should not be a substitute for a varied, balanced diet, and a healthy lifestyle.



Made in the Netherlands • ISO GMP certified • Pharmaceutical Quality • Vivasan Webshop® • Multivitamin A-Z Complete

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