

Foodsupplement box 24 capsules of 430mg in blister - 10,3g

# Kolestina 10

### Vivasan Webshop

## **Kolestina 10 from Cosval**

Kolestina 10 is a food supplement with 100% active natural, herbal ingredients. This dietary supplement is based on fermented red rice, black rice, polycosanols and guggulsterone.

#### Kolestina 10

Monacolin K from red yeast rice contributes to the maintenance of normal blood cholesterol levels. Guggul helps lipids metabolism and body weight balance.

#### **Recommended daily dosage**

1 capsule. To be swallowed with a little water on a full stomach. Do not chew. Do not open the capsule.

#### Ingredients

d.e of fermented Red-rice [Rice (Oryza sativa L.) seed – (Monascus Purpureus Went.) mycelium] 37.3% – titrated to 10% as Monacolina K, d.e of Black-rice Venus (Oryza sativa L.) seed 18.5% – titrated to 25% as Anthocyanosides, Capsule (HPMC, Water; Colours: Titanium dioxide), d.e. of Indian bdellium-tree (Commiphora mukul Hook) rosin 13% – titrated to 10% as Guggulsterols, d.e. of Sugarcane (Saccharum officinarum L.) juice 3.7% – titrated to 60% as Policosanol; Bulking agents: microcrystalline cellulose; Anti-caking agents: Silicium dioxide. (\*) Dry extracts can contain maltodextrin as support.

#### Precautions

Do not exceed the recommended daily dosage. Period of assumption: consult your physician or nutritionist Store in a cool dry place (15-25<sup>0</sup>) protected from light.

Keep out of reach of young children.

Food supplements should not be a substitute for a varied, balanced diet, and a healthy lifestyle.

Not to be taken during pregnancy, nursing and during therapy blood fat lowering medicines

Before using this product it is recommended to consult your physician.

The product is intended exclusively for people who want to lower their blood cholesterol level.

The consumption of more than 3 g/day of added plant sterols should be avoided.



Patients on cholesterol lowering medication should only consume the product under medical supervision This product is to be used as part of a diet, including regular consumption of fruit and vegetables to help maintain carotenoid levels.

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