

Fito 40 is a food supplement with isoflavones from soy and vitamin B₆ for the regulation of hormonal activity.

Fito 40

Vivasan Fito 40 capsules with isoflavones from, not genetically modified, soy and vitamin B₆ contributes to the regulation of the hormonal activity.

Fito 40 helps to improve the well-being of women 40 years and older.

Ingredients Vivasan Fito 40 capsules

Linseed oil 31%; gelatin; calcium carbonate; vegetable oils and fat (coconut, palm kernel); linseed powder 6,7%; humectant: glycerol; isoflavone rich in **soy** concentrate 5,1%; calcium ascorbate; magnesium oxide; D-alpha tocopherol; pyridoxine hydrochloride; stabilizer: beeswax; emulsifier: **soy** lecithin; humectant: sorbitol; colorants: titanium dioxide, iron oxides and -hydroxides.

Recommended use

Take 1 capsule Fito 40 twice a day with liquid

Nutritional information	2 capsules	per 100 g	*%RDA -2 caps
Energy	60 kj / 14 kcal	2'005 kj / 485 kcal	
Fat	1.2 g	42 g	
Carbohydrates	0.4 g	12 g	
Protein	0.4 g	17 g	
Linseed oil	920 mg	31 g	
therof α-linolenic acid	414 mg	14 g	
Linseed powder	200 mg	6.7 g	
Soy-concentrate	150 mg	5.1 g	
thereof isoflavones	60 mg	2 g	
Vitamin E	24 mg α-TE	0.8 α-TE	200%
Vitamin B ₆	2.8 mg	0.1 g	200%
Vitamin C	80 mg	2.7 g	100%
Calcium	120 mg	4 g	15%
Magnesium	60 mg	2 g	16%

*RDA recommended daily allowance according to EU-regulation

Important information

Do not exceed the recommended daily dosage.

Store in a cool dry place protected from light.

Keep out of reach of young children.

Food supplements should not be a substitute for a varied, balanced diet, and a healthy lifestyle.

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